

Bolton Council

Trauma Informed Communities and VCSE Sector

Co-design Programme



ROADMAP TO HEALING

This graphic illustrates the spectrum of organization types when considering the level of trauma-informed and healing-centered approaches they currently implement.

TRAUMA AFFECTED Organization that is unaware or ignorant to the impacts of trauma for clients and staff

TRAUMA AWARE Recognition and naming of trauma and toxic stress, and opportunities for resilience among clients and staff

TRAUMA SENSITIVE Staff have foundational nowledge of NEAR science, rauma-informed principles, and recognize signs and symptoms of trauma

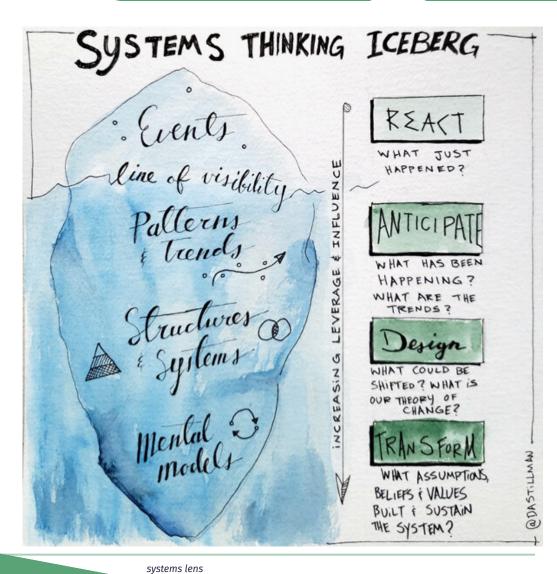
TRAUMA RESPONSIVE Organization fully integrates knowledge about trauma and resilience into trauma into policies, procedures, and practices

TRAUMA INFORMED Organization actively realizes, recognizes, responds to, and resists re-traumatization of staff and clients

HEALING CENTERED Organization actively centers resilience and healing, for both clients and staff

Roadmap to healing

A Systems lens



VCSE Response to trauma Trauma Types (sudden and cumulative)

- Bullying • Community Violence
- Complex Trauma Disasters
- Intimate Partner Violence

Early Childhood Trauma

- Medical Trauma • Physical Abuse

• Economic Stability

Social Determinants of trauma

- Education Social and Community Context

Toolkit

- Health and Healthcare • Neighborhood and Built Environment
- Trauma types and responses

Suggested elements

Resources to help

Framework and

organisations identify their own journey and access the support they need





Could be created as a card or game format Visual campaign



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Online Paper-based . Easy-read Audio and Video Recordings





Framework

More information

