

**Title:** **Foundational ACEs (Adverse Childhood Experiences) & Trauma Awareness Training**

**Description:** This session aims to cover what Adverse Childhood Experiences (ACEs) are, how they affect people's lives and what we can do to support people who have experienced adversity and trauma. We will also look at what a trauma-informed way of living or working is and how this can be implemented.

- Objectives:** This session helps participants:
- understand ACEs, what they are and how they can impact people;
  - recognise the important role that protective factors play in a person's life;
  - understanding the impact of someone's stress response because of trauma;
  - how trauma and stress can impact people across different aspects of their lives;
  - how we build resilience and how that impacts children if they experience resilience from a young age;
  - explore why Trauma Informed practice is important in everyday life.

**Audience:** This is for any person, who is working or volunteering in Bolton

<b>Courses:</b>	<b>Dates</b>	<b>Times</b>	<b>Venue</b>
	28 March 2024	9.30am – 12.30pm	Castle Hill Centre, Castleton street, BL2 2 JW
	17 April 2024	9.30am – 12.30pm	MS TEAMS
	20 May 2024	9.30am – 12.30pm	Friends Meeting House, 50 Silverwell Street, Bolton, BL1 1PP
	14 June 2024	9.30am – 12.30pm	MS TEAMS
	2 July 2024	1.30pm – 4.30pm	Harvey Children Centre
	12 August 2024	1.30pm – 4.30pm	MS TEAMS
	26 September 2024	9.30am – 12.30pm	Bolton Science and Technology College, Minerva Rd, Farnworth, Bolton BL4 0HA
	14 October 2024	9.30am – 12.30pm	MS TEAMS
	15 November 2024	9.30am – 12.30pm	Castle Hill Centre, Castleton street, BL2 2 JW
	17 December 2024	9.30am – 12.30pm	MS TEAMS

**Facilitator:** Thrive Manchester

**Price:** No Charge

**Booking Info:** For Bolton Council staff, please book your place via Oracle self-service. All other delegates, please use this link to complete a [nomination form](#). Alternatively scan the QR code below.

**Cancellation:** To cancel your place, please notify the Learning and Development Team on 01204 337600 or email [learninganddevelopment@bolton.gov.uk](mailto:learninganddevelopment@bolton.gov.uk)

You must cancel your place at least 2 weeks prior to the course date, otherwise the following charges will apply-

- 2 weeks or more – No Charge, 1-2 weeks prior - £30.00
- the week of the training course or non-attendance – Full Cost

**IMPORTANT** - If your course is free of charge and you cancel within 2 weeks or do not attend, you will be charged £30.00

